

Tri-Ambla Offroad Triathlon - M

5-9-2009

Pos	naam	cat.	woonplaats	land	SwimmingTm	MTB1Tm	MTBfinishTm	RunningTm	TotalTm
1	Jurgen Claassen	H24+	Groesbeek	NED	0:10:06,618	0:10:25,612	0:53:52,492	0:24:30,076	1:38:54,798
2	Rob Woestenenk	H24+	Nijmegen	NED	0:09:40,099	0:09:55,919	0:56:14,741	0:24:44,719	1:40:35,478
3	Arjen de Bruin	H40+	Loosdrecht	NED	0:09:37,292	0:10:10,987	0:55:32,906	0:25:38,993	1:41:00,178
4	Roelof de Roos	H24+	Leeuwarden	NED	0:10:24,548	0:11:02,406	0:53:48,796	0:26:06,777	1:41:22,527
5	Joric van der Kolk	H24+	Utrecht	NED	0:09:46,829	0:11:12,564	0:55:41,882	0:25:46,522	1:42:27,797
6	Martin Vermeer	H24+	s-Gravenhage	NED	0:10:08,391	0:10:20,610	0:58:04,287	0:24:38,622	1:43:11,910
7	Andrie Westerkamp	H24+	Groningen	NED	0:09:36,662	0:10:35,113	0:58:56,100	0:25:33,695	1:44:41,570
8	Gerard van Engelenburg	H24+	Veenendaal	NED	0:10:58,810	0:11:21,525	0:57:13,174	0:28:29,533	1:48:03,042
9	Tom Hulkenberg	H20+	Zevenaar	NED	0:09:57,230	0:11:23,783		1:26:54,432	1:48:15,445
10	Joost de Boer	H24+	Hoofddorp	NED	0:08:33,390	0:11:16,954	1:01:01,720	0:28:01,186	1:48:53,250
11	Wouter Liefjijn	H24+	Utrecht	NED	0:12:29,268	0:12:17,437	0:59:23,630	0:24:48,297	1:48:58,632
12	Martijn Schutteman	H24+	Rijssen	NED	0:10:02,313	0:11:17,004	1:01:56,038	0:28:15,702	1:51:31,057
13	Folkert Huisma	H24+	Drachten	NED	0:10:24,757	0:11:50,616	1:02:25,202	0:27:02,840	1:51:43,415
14	Rien Brouwer	H40+	Oosterend Nh	NED	0:10:52,654	0:11:17,597	1:02:02,055	0:27:55,201	1:52:07,507
15	Tjeerd Riewald	H24+	Bussum	NED	0:10:07,643	0:11:08,537	1:00:15,069	0:31:02,118	1:52:33,367
16	Harmen Moes	H20+	Groningen	NED	0:09:41,907	0:12:31,567	1:02:07,692	0:28:22,430	1:52:43,596
17	Jos Jansen	H40+	s-Graveland	NED	0:10:23,935	0:10:54,468	1:01:32,993	0:30:40,344	1:53:31,740
18	Wietse de Windt	H24+	Amsterdam	NED	0:12:32,312	0:11:39,477	1:02:15,696	0:27:13,017	1:53:40,502
19	Jeroen Celie de Windt	H24+	Harderwijk	NED	0:14:05,719	0:13:07,906	1:01:10,295	0:26:02,575	1:54:26,495
20	Cas van Zweeden	H40+	Woerden	NED	0:13:41,338	0:12:42,827	1:00:11,382	0:28:09,197	1:54:44,744
21	Bert Lam	H40+	Veenendaal	NED	0:12:40,522	0:11:09,935	1:02:38,014	0:29:37,916	1:56:06,387
22	Emiel Harder	H24+	Groningen	NED	0:11:16,763	0:11:04,728	1:07:56,289	0:27:08,118	1:57:25,898
23	Natascha van der Vis	D24+	Oudeschild	NED	0:10:11,577	0:11:03,336	1:03:55,786	0:32:16,581	1:57:27,280
24	Djurre Venema	H20+	Groningen	NED	0:14:37,124	0:10:43,021	1:00:38,214	0:31:35,900	1:57:34,259
25	Talitha Boorsma	D20+	Hoofddorp	NED	0:09:48,586	0:11:30,344	1:07:01,182	0:30:52,542	1:59:12,654
26	Willem-pier Vellinga	H40+	Groningen	NED	0:09:39,231	0:13:06,117	1:07:54,260	0:28:40,104	1:59:19,712
27	Raoul van Gogh	H24+	Noardburgum	NED	0:10:31,209	0:11:07,791	1:03:51,506	0:34:05,573	1:59:36,079
28	Patrick Bruns	H24+	Almelo	NED	0:14:58,162	0:12:46,116	1:04:10,409	0:28:19,971	2:00:14,658
29	Robert Bosma	H40+	AMSTERDAM	NED	0:10:54,125	0:12:03,390	1:04:42,396	0:32:45,778	2:00:25,689
30	Albert Lenting	H50+	Didam	NED	0:10:20,186	0:12:06,309	1:06:15,709	0:31:47,211	2:00:29,415
31	Lisan de Vries	D24+	Leeuwarden	NED	0:09:32,300	0:13:11,979	1:08:58,923	0:28:55,334	2:00:38,536
32	Emiel Kienstra	H24+	Buren Fr	NED	0:12:52,803	0:11:55,669	1:03:54,294	0:31:57,753	2:00:40,519
33	Peter Denekamp	H24+	Hilversum	NED	0:08:52,212	0:10:33,415	1:00:56,554	0:40:35,533	2:00:57,714
34	Pieter Bas	H40+	Amsterdam	NED	0:12:38,244	0:13:20,304	1:05:39,589	0:30:15,154	2:01:53,291

Pos	naam	cat.	woonplaats	land	SwimmingTm	MTB1Tm	MTBfinishTm	RunningTm	TotalTm
35	André Bus	H40+	Groningen	NED	0:11:08,235	0:12:43,305	1:05:54,030	0:32:44,915	2:02:30,485
36	Theo Bosma	H24+	Groningen	NED	0:14:17,746	0:11:39,545	1:03:35,212	0:33:14,613	2:02:47,116
37	Ilse Vermeij	D24+	Utrecht	NED	0:12:44,547	0:12:03,001	1:01:53,843	0:36:11,483	2:02:52,874
38	Peter Borst	H24+	Hensbroek	NED	0:12:39,339	0:12:08,539	1:06:52,906	0:31:21,771	2:03:02,555
39	Janet ten Kate	D40+	Groningen	NED	0:10:27,018	0:12:08,798	1:06:30,481	0:33:59,541	2:03:05,838
40	Marion Visser	D40+	Noord-Scharwoude	NED	0:11:07,167	0:13:48,215	1:05:51,512	0:32:51,169	2:03:38,063
41	Valentijn van der Neut	H24+	Hoorn Nh	NED	0:13:12,241	0:12:45,732	1:05:38,196	0:33:00,913	2:04:37,082
42	Andre Gorter	H24+	Nijverdal	NED	0:10:04,961	0:13:44,900	1:08:33,075	0:32:29,807	2:04:52,743
43	Paul van Veenendaal	H24+	Woerden	NED	0:13:34,720	0:12:50,785	1:03:08,772	0:35:26,889	2:05:01,166
44	Arthur Kroon	H24+	Amsterdam	NED	0:10:54,969	0:13:17,609	1:08:27,046	0:32:38,717	2:05:18,341
45	Gerlof Molenaar	H40+	Nes Ameland	NED	0:13:47,404	0:12:24,340	1:05:50,690	0:33:20,452	2:05:22,886
46	Steven Melkman	H40+	Loenen aan de Vecht	NED	0:13:29,276	0:13:46,621	1:05:51,161	0:32:23,121	2:05:30,179
47	Dennis van de Pol	H24+	Zwartebroek	NED	0:10:49,826	0:11:56,210	1:03:48,547	0:39:15,434	2:05:50,017
48	Wouter van Onzenoort	H24+	Alkmaar	NED	0:13:02,719	0:14:30,072	1:09:01,500	0:29:35,557	2:06:09,848
49	Tuur Niekoop	H24+	Heiloo	NED	0:13:38,491	0:13:16,993	1:04:25,934	0:35:14,049	2:06:35,467
50	Thomas Hendriksen	H16+	Didam	NED	0:12:22,884	0:11:17,386	1:04:48,971	0:38:27,045	2:06:56,286
51	Bas Roukema	H24+	Amsterdam	NED	0:14:15,399	0:13:14,198	1:03:38,795	0:36:00,387	2:07:08,779
52	Sipke Moes	H20+	Groningen	NED	0:13:07,820	0:13:16,844	1:08:33,560	0:32:24,997	2:07:23,221
53	Floortje Gierman	D24+	Utrecht	NED	0:13:54,361	0:13:34,737	1:12:11,602	0:27:42,982	2:07:23,682
54	Harald ten Katen	H60+	s-Gravenhage	NED	0:16:13,111	0:14:32,106	1:05:31,039	0:31:16,562	2:07:32,818
55	Rob Steenis	H24+	Lelystad	NED	0:14:18,120	0:15:33,677	1:07:02,713	0:30:46,719	2:07:41,229
56	Hans Zwaneveld	H40+	Assen	NED	0:13:25,820	0:12:40,226	1:05:32,752	0:36:16,696	2:07:55,494
57	Albert Molenaar	H40+	Nes Ameland	NED	0:15:59,481	0:13:42,648	1:08:35,177	0:30:02,232	2:08:19,538
58	Jaap Kienstra	H50+	Nes Ameland	NED	0:18:44,969	0:13:41,262	1:04:02,629	0:31:54,327	2:08:23,187
59	Jan-Dirk Bleeker	H24+	Zwaag	NED	0:13:09,207	0:13:49,439	1:07:34,260	0:34:09,022	2:08:41,928
60	Erik van der Straat	H40+	Nijverdal	NED	0:10:39,195	0:11:55,998	1:07:45,432	0:38:22,004	2:08:42,629
61	Marcel van Burgsteden	H40+	Groningen	NED	0:13:06,240	0:13:22,497	1:11:37,144	0:30:45,135	2:08:51,016
62	Chas van den Heuvel	H24+	Nes Ameland	NED	0:17:21,369	0:13:25,521	1:09:15,941	0:29:13,908	2:09:16,739
63	Jan Hendrik Wolters	H24+	Apeldoorn	NED	0:15:02,719	0:14:37,631	1:07:37,262	0:32:01,173	2:09:18,785
64	Robin Rozenhart	H24+	Heerhugowaard	NED	0:13:37,206	0:15:21,500	1:08:10,996	0:32:22,545	2:09:32,247
65	Patricia Seinen	D24+	Zwolle	NED	0:14:36,253	0:12:28,944	1:08:34,193	0:33:57,627	2:09:37,017
66	Veroesja Innikel-Brinkhof	D24+	Hilversum	NED	0:13:25,750	0:13:42,819	1:10:54,236	0:31:54,233	2:09:57,038
67	Jaap Meijering	H50+	Roden	NED	0:14:42,486	0:12:15,528	1:09:20,364	0:33:39,450	2:09:57,828
68	Elske Dijkstra	D24+	GRONINGEN	NED	0:11:15,037	0:12:28,602	1:12:31,347	0:33:44,093	2:09:59,079
69	Roelof Moes	H50+	Nijeveen	NED	0:16:16,848	0:14:16,615	1:05:53,610	0:34:06,984	2:10:34,057
70	Sandra Zijlstra	D24+	Leeuwarden	NED	0:13:25,723	0:14:04,431	1:10:46,645	0:32:20,153	2:10:36,952
71	Eelco Velthof	H24+	Nijverdal	NED	0:13:49,173	0:14:32,809	1:06:40,012	0:35:38,010	2:10:40,004

Pos	naam	cat.	woonplaats	land	SwimmingTm	MTB1Tm	MTBfinishTm	RunningTm	TotalTm
72	Gerrien Achterop	D24+	Rotterdam	NED	0:13:24,610	0:14:43,660	1:07:44,478	0:35:05,750	2:10:58,498
73	Mai Liem	D24+	Loenen aan de Vecht	NED	0:13:44,272	0:13:50,163	1:10:44,234	0:32:41,438	2:11:00,107
74	Erik van de Wal	H40+	Dordrecht	NED	0:13:22,108	0:13:38,287	1:09:13,569	0:35:16,340	2:11:30,304
75	Jaap Kuiper	H40+	Terschelling West	NED	0:13:55,814	0:15:40,061	1:11:25,758	0:30:34,279	2:11:35,912
76	Monique Zijlstra	D24+	Utrecht	NED	0:16:30,830	0:13:45,812	1:09:43,461	0:31:57,344	2:11:57,447
77	Dirk de Vries	H40+	Hurdegaryp	NED	0:13:15,333	0:14:16,002	1:13:22,392	0:31:22,576	2:12:16,303
78	Jacky Ledebouer	D40+	s-Gravenhage	NED	0:13:56,200	0:14:31,865	1:16:22,036	0:27:44,296	2:12:34,397
79	Klaas Tjibbe Oenema	H24+	Hollum	NED	0:14:57,591	0:14:25,167	1:09:47,759	0:33:36,109	2:12:46,626
80	Jelle Pama	H40+	Roden	NED	0:14:37,088	0:15:42,634	1:14:04,633	0:29:52,113	2:14:16,468
81	Linda Schoenmakers	D24+	Leeuwarden	NED	0:15:55,605	0:13:41,745	1:14:54,507	0:31:12,267	2:15:44,124
82	Miranda Broks	D24+	Den Haag	NED	0:13:37,605	0:12:35,023	1:10:49,295	0:38:53,787	2:15:55,710
83	Martijn Weerstand	H50+	Warmenhuizen	NED	0:15:48,835	0:13:53,364	1:10:55,784	0:35:26,745	2:16:04,728
84	Ruud Klaare	H50+	Leersum	NED	0:12:22,114	0:13:29,173	1:18:04,551	0:33:03,942	2:16:59,780
85	Marc van Groen	H40+	Markelo	NED	0:10:30,305	0:14:56,034	1:14:09,259	0:37:26,615	2:17:02,213
86	Renate van Oosten	D24+	Rijswijk Zh	NED	0:13:32,561	0:13:42,068	1:15:12,343	0:34:43,423	2:17:10,395
87	Tim van Bruggen	H40+	Edam	NED	0:15:57,906	0:14:48,289	1:10:23,370	0:36:19,523	2:17:29,088
88	Rene Miedema	H40+	Bolsward	NED	0:12:49,832	0:14:27,437	1:16:16,494	0:34:42,148	2:18:15,911
89	Jan Kienstra	H40+	Nes Ameland	NED	0:14:22,258	0:15:17,155	1:11:57,545	0:36:54,166	2:18:31,124
90	Bastiaan van Ingen	H24+	Nieuw Vennep	NED	0:14:21,986	0:14:34,443	1:16:13,789	0:33:38,241	2:18:48,459
91	CVE Hoogendoorn	H24+	Utrecht	NED	0:14:04,960	0:17:24,057	1:13:29,666	0:34:19,748	2:19:18,431
92	Bart Kruithof	H40+	Utrecht	NED	0:14:56,031	0:17:10,437	1:14:09,650	0:33:12,664	2:19:28,782
93	Gerrie Zijgers	D24+	Bussum	NED	0:11:31,741	0:13:24,330	1:14:38,441	0:40:05,703	2:19:40,215
94	Jeroen van den Poll	H24+	Hardenberg	NED	0:15:26,605	0:15:02,730	1:11:37,309	0:38:58,826	2:21:05,470
95	Andreas Tieman	H20+	Nes Ameland	NED	0:16:39,565	0:15:52,393	1:11:38,397	0:36:56,733	2:21:07,088
96	Wijnand Jager	H40+	Oude Leije	NED	0:12:55,602	0:15:53,792	1:17:12,428	0:35:07,975	2:21:09,797
97	Jan Worpenberg	H60+	Groningen	NED	0:15:31,197	0:14:10,126	1:15:00,309	0:36:36,744	2:21:18,376
98	Kevin Kienstra	H16+	Nes Ameland	NED	0:16:26,742	0:16:12,624	1:14:58,692	0:33:53,397	2:21:31,455
99	Joeval Benjamins	H24+	Groningen	NED	0:12:12,958	0:14:51,726	1:17:50,574	0:37:01,298	2:21:56,556
100	Rutger-Jan Pegels	H24+	Haarlem	NED	0:14:43,985	0:16:39,884	1:16:12,927	0:34:51,450	2:22:28,246
101	Jan maarten Kloosterman	H24+	Amsterdam	NED	0:14:34,853	0:12:59,087	1:15:15,194	0:40:19,726	2:23:08,860
102	Erwin de Roo	H40+	Leersum	NED	0:10:27,503	0:20:02,667	1:14:03,548	0:38:36,227	2:23:09,945
103	Ronald Bloemendal	H40+	Erica	NED	0:13:46,936	0:12:40,412	1:17:17,487	0:40:28,526	2:24:13,361
104	Oane Veenstra	H24+	Leeuwarden	NED	0:13:57,688	0:14:54,851	1:20:26,061	0:35:05,104	2:24:23,704
105	Joep de Roo	H24+	Boekarest	ROM	0:13:03,230	0:15:08,825	1:23:26,714	0:34:08,573	2:25:47,342
106	Freak Ouwerkerk	H24+	Zwolle	NED	0:15:10,290	0:13:31,327	1:20:31,514	0:36:58,831	2:26:11,962
107	Sergio Segers	H24+	Amsterdam	NED	0:14:50,423	0:15:57,890	1:14:09,867	0:41:29,225	2:26:27,405
108	Jeroen Jansen	H40+	De Meern	NED	0:12:33,891	0:13:22,378	1:17:16,672	0:43:19,987	2:26:32,928

Pos	naam	cat.	woonplaats	land	SwimmingTm	MTB1Tm	MTBfinishTm	RunningTm	TotalTm
109	Dennis Kiewied	H24+	Bolsward	NED	0:13:09,323	0:14:48,207	1:19:52,949	0:38:49,815	2:26:40,294
110	Stefan Tost	H40+	Rheine	GER	0:15:09,167	0:15:19,577	1:22:28,222	0:34:17,038	2:27:14,004
111	Arno Borsboom	H24+	Lelystad	NED	0:14:39,884	0:15:00,923	1:17:28,944	0:40:06,625	2:27:16,376
112	John Borsboom	H24+	Lelystad	NED	0:14:17,208	0:15:38,284	1:17:14,243	0:40:07,006	2:27:16,741
113	Mirka Janssen	D24+	Amsterdam	NED	0:15:09,864	0:15:44,173	1:20:34,012	0:36:14,793	2:27:42,842
114	Bianca Fransen	D24+	Marum	NED	0:14:37,992	0:15:49,416	1:14:41,435	0:42:55,910	2:28:04,753
115	Yildiz Venekamp	D24+	Alkmaar	NED	0:15:38,926	0:14:37,057	1:18:26,122	0:39:26,711	2:28:08,816
116	Jos Jansen	H50+	Den Haag	NED	0:14:59,949	0:15:31,681	1:15:43,284	0:42:02,674	2:28:17,588
117	Linda Wildenburg	D24+	Zwaag	NED	0:16:51,346	0:17:09,596	1:20:09,494	0:35:40,577	2:29:51,013
118	José Sinnema	D40+	Oentsjerk	NED	0:14:38,015	0:15:45,265	1:21:22,995	0:38:20,097	2:30:06,372
119	Harm van Wylick	H50+	Amsterdam	NED	0:14:37,261	0:16:38,343	1:23:47,809	0:35:10,405	2:30:13,818
120	Monique Lappenschaar	D24+	Hollum	NED	0:12:53,097	0:17:00,448	1:21:11,472	0:40:15,995	2:31:21,012
121	Ronald Leijstra	H24+	Ballum	NED	0:15:35,090	0:15:52,140	1:22:02,190	0:38:11,673	2:31:41,093
122	Johan de Lange	H24+	Lemmer	NED	0:16:30,797	0:14:45,513	1:18:32,544	0:42:08,029	2:31:56,883
123	Evanne Kats	D18+	De Cocksdorp	NED	0:11:11,081	0:13:48,627	1:19:42,627	0:47:19,118	2:32:01,453
124	Martijn van der Windt	H24+	Leeuwarden	NED	0:15:47,012	0:17:31,271	1:19:41,805	0:39:27,852	2:32:27,940
125	Suzan van Beest	D24+	Groningen	NED	0:17:26,954	0:15:04,098	1:23:57,737	0:35:59,965	2:32:28,754
126	Rob Prins	H24+	Maassluis	NED	0:20:02,090	0:15:04,937	1:22:41,960	0:34:49,958	2:32:38,945
127	Fabienne Lansink	D24+	Nijmegen	NED	0:16:38,210	0:15:32,083	1:21:50,897	0:38:39,339	2:32:40,529
128	Joop Beijgaard	H40+	Nes Ameland	NED	0:16:48,006	0:16:31,462	1:23:43,401	0:36:13,102	2:33:15,971
129	Ricardo Salmang	H24+	Terneuzen	NED	0:16:01,639	0:16:31,710	1:25:22,877	0:38:13,297	2:36:09,523
130	Jaap Langerak	H50+	Hilversum	NED	0:16:14,750	0:16:20,709	1:23:03,785	0:41:33,696	2:37:12,940
131	Johanna Molenaar	D40+	Nes Ameland	NED	0:18:09,390	0:15:49,754	1:21:03,151	0:42:19,593	2:37:21,888
132	Nicole Otten	D40+	Oosterhesselen	NED	0:13:49,777	0:16:25,711	1:27:18,208	0:40:25,867	2:37:59,563
133	Louis Huyzen	H24+	Rotterdam	NED	0:16:11,631	0:21:40,528	1:21:22,225	0:39:08,711	2:38:23,095
134	Sander Schoor	H40+	Goirle	NED	0:15:50,149	0:17:08,046	1:22:29,672	0:43:26,010	2:38:53,877
135	Ardan Cusell	H24+	Vuren	NED	0:14:18,397	0:15:20,433	1:31:20,305	0:38:04,942	2:39:04,077
136	Elsbeth de Boer	D24+	Leeuwarden	NED	0:14:20,967	0:16:48,408	1:23:09,582	0:45:25,759	2:39:44,716
137	Martine Kienstra	D24+	Nes Ameland	NED	0:14:24,413	0:15:13,508	1:24:47,978	0:45:29,198	2:39:55,097
138	Ciska Blom	D24+	Utrecht	NED	0:16:05,977	0:14:34,920	1:26:40,434	0:42:52,294	2:40:13,625
139	Wendy Bleker	D24+	Hardenberg	NED	0:17:15,436	0:16:01,357	1:23:51,488	0:44:17,092	2:41:25,373
140	Celie-de Windt	D24+	Harderwijk	NED	0:15:57,454	0:17:25,641	1:22:59,382	0:45:04,415	2:41:26,892
141	Martijn van Eijk	H24+	Alkmaar	NED	0:16:54,025	0:17:14,383	1:28:41,692	0:39:32,479	2:42:22,579
142	Saskia Neevel	D40+	Wezep	NED	0:12:47,144	0:16:04,677	1:26:05,560	0:47:54,960	2:42:52,341
143	Monique v.BastenBatenburg	D40+	Utrecht	NED	0:14:47,360	0:16:35,681	1:27:47,894	0:44:36,552	2:43:47,487
144	Rolf Korsuize	H40+	s-Gravenhage	NED	0:16:38,788	0:17:06,820	1:28:11,126	0:42:18,403	2:44:15,137
145	Paco Landzaat	H24+	Amsterdam	NED	0:16:20,353	0:15:42,489	1:29:11,870	0:43:46,025	2:45:00,737

Pos	naam	cat.	woonplaats	land	SwimmingTm	MTB1Tm	MTBfinishTm	RunningTm	TotalTm
146	Jacqueline Brouwer	D24+	Buren Fr	NED	0:18:53,981	0:15:24,627	1:28:33,420	0:42:43,579	2:45:35,607
147	Jolien Lammers	D24+	Groningen	NED	0:18:43,588	0:15:51,710	1:33:28,159	0:41:57,103	2:50:00,560
148	Ruerd Kuiper	H24+	Leeuwarden	NED	0:15:34,099	0:15:47,825	1:40:13,194	0:41:47,984	2:53:23,102
149	Marianne IJnsen	D50+	Amsterdam	NED	0:19:56,934	0:19:41,175	1:33:30,428	0:40:53,053	2:54:01,590
150	Barbara van Halsema	D24+	Rotterdam	NED	0:15:49,693	0:20:42,875	1:41:29,735	0:37:37,619	2:55:39,922
151	Eddy Gorter	H50+	Amsterdam	NED	0:11:11,598	0:16:40,211	1:32:15,674	0:56:02,933	2:56:10,416
152	Jurgen Reiker	H40+	Scharnegoutum	NED	0:17:19,678	0:20:50,756	1:43:09,594	0:48:25,688	3:09:45,716
153	Jan Zwart	H40+	Scharnegoutum	NED	0:14:35,450	0:23:37,099	1:42:55,348	0:48:38,827	3:09:46,724
154	Ute Rasenberg	D40+	Rijswijk Zh	NED	0:20:15,448	0:28:24,263	1:52:32,636	0:33:16,322	3:14:28,669
155	Astrid Zijlstra	D40+	Lekkum	NED	0:16:10,796	0:18:47,612	1:49:37,046	0:51:23,265	3:15:58,719
156	Louis van Schaarenburg	H50+	Leusden	NED	0:14:24,901	0:20:19,486	1:54:51,338	0:47:04,109	3:16:39,834
157	Frits van Werven	H70+	Doorwerth	NED	0:14:43,347	0:21:05,877	1:53:32,551	0:54:30,228	3:23:52,003
158	Trijnie Spanjer	D50+	Scheemda	NED	0:17:19,576	0:19:37,987	2:01:38,801	0:49:06,454	3:27:42,818
DNF	Ferrie de Roo	H40+	Nijverdal	NED	0:10:12,500	0:11:05,183			
DNF	Bart van Kempen	H18+	Didam	NED	0:12:00,230	0:10:23,193			
DNF	Mark Torsius	H24+	Harderwijk	NED	0:12:12,218	0:12:01,036			
DNF	Sander Veenema	H24+	Groningen	NED	0:13:09,268	0:14:21,603			