

Pos	Bib	Firstname	Class	Woonplaats		Zwemmen	Fietsen	Lopen	Total
<b>Meisjes 08+</b>									
1	68	Aukje Vellinga	D08+	Groningen	NED	0:01:41,645	0:16:17,786	0:06:41,047	0:24:40,478
2	72	Maxime de Lange	D08+	Hierden	NED	0:04:55,746	0:17:11,901	0:08:19,829	0:30:27,476
3	70	Merel de Witte	D08+	Nes Ameland	NED	0:04:34,152	0:17:43,282	0:09:14,462	0:31:31,896
4	65	Ilja Kiewied	D08+	Nes Ameland	NED	0:04:10,837	0:19:00,767	0:09:04,557	0:32:16,161
5	74	Puck Knol	D08+		NED	0:04:24,947	0:18:06,435	0:09:51,003	0:32:22,385
6	71	Bianca Mollema	D08+	Ballum	NED	0:04:35,768	0:19:56,723	0:10:52,791	0:35:25,282
7	73	Lobke Ytsma	D08+	Hollum	NED	0:06:02,197	0:21:33,722	0:09:44,540	0:37:20,459
8	66	Livia Stark	D08+	Culemborg	NED	0:07:10,688	0:25:25,473	0:10:43,275	0:43:19,436
9	69	Anna Onel	D08+	Harderwijk	NED	0:04:44,549			
<b>Meisjes 10+</b>									
1	105	Linda Smeenge	D10+	Deurze	NED	0:02:20,540	0:15:07,393	0:07:19,378	0:24:47,311
2	104	Isha rosan Huft	D10+	Amsterdam	NED	0:02:25,125	0:16:22,485	0:07:45,662	0:26:33,272
3	106	Femke Kienstra	D10+	Nes Ameland	NED	0:03:15,375	0:16:21,060	0:07:19,951	0:26:56,386
4	109	Rianne Nyenhuis	D10+	Leeuwarden	NED	0:04:02,782	0:16:32,887	0:06:50,748	0:27:26,417
5	111	Dominique de Lange	D10+	Hierden	NED	0:03:39,654	0:16:41,210	0:08:13,903	0:28:34,767
6	113	Jennifer Kolk	D10+	Nes Ameland	NED	0:03:23,271	0:17:14,121	0:09:07,085	0:29:44,477
7	107	Kyra Metz	D10+	Nes Ameland	NED	0:03:18,595	0:17:36,513	0:09:20,399	0:30:15,507
8	110	Jessica Mollema	D10+	Ballum	NED	0:04:21,047	0:17:32,834	0:09:26,210	0:31:20,091
9	101	Melanie de Jong	D10+	Nes Ameland	NED	0:03:35,391	0:18:56,651	0:08:58,165	0:31:30,207
10	103	Britta Spoelstra	D10+	Nes Ameland	NED	0:03:47,408	0:18:42,341	0:09:11,207	0:31:40,956
11	102	Esther Losterman	D10+		NED	0:03:46,886	0:18:57,935	0:09:48,336	0:32:33,157
12	114	Carien Beekema	D10+	Buren Fr	NED	0:03:49,708	0:18:03,928	0:10:40,661	0:32:34,297
13	108	Nicky Kienstra	D10+	Nes Ameland	NED	0:04:10,919	0:18:35,512	0:10:26,490	0:33:12,921
14	115	Linda de Haan	D10+	Ballum	NED	0:03:25,357	0:19:18,501	0:10:38,177	0:33:22,035

**Meisjes 12+**

1	25	Marlene Zwaneveld	D12+	Assen	NED	0:02:48,116	0:27:55,669	0:13:00,217	0:43:44,002
2	23	Janine Walters	D12+	Assen	NED	0:03:07,063	0:27:18,405	0:13:47,531	0:44:12,999
3	26	Henrike Vellinga	D12+	Groningen	NED	0:02:53,418	0:29:18,894	0:14:30,861	0:46:43,173
4	22	Britta Molenaar	D12+	Buren Fr	NED	0:04:14,792	0:28:11,523	0:15:20,785	0:47:47,100
5	21	Jorn Truuske Stavenga	D12+	Munein	NED	0:03:56,863	0:29:08,177	0:17:17,178	0:50:22,218
6	27	Marina Jepma	D12+	Nes Ameland	NED	0:04:24,586	0:30:32,978	0:16:27,164	0:51:24,728
7	28	Hanna Metz	D12+	Nes Ameland	NED	0:03:44,538	0:30:21,180	0:17:59,172	0:52:04,890
8	24	Lotte sanne Huft	D12+	Amsterdam	NED	0:03:47,525	0:32:54,990	0:18:50,129	0:55:32,644
9	29	Janna Metz	D12+	Nes Ameland	NED	0:04:59,003	0:30:52,426	0:19:58,369	0:55:49,798

**Meisjes 14+**

1	40	Renate Timmerman	D14+	Leeuwarden	NED	0:03:07,737	0:25:18,959	0:12:27,151	0:40:53,847
2	42	Vera Brouwer	D14+	Nes Ameland	NED	0:03:24,859	0:26:38,250	0:13:11,273	0:43:14,382
3	41	Telma van de Kamp	D14+	Nes Ameland	NED	0:03:18,147	0:27:30,014	0:14:29,940	0:45:18,101

**Jongens 08+**

1	51 Bodi Del Grosso	H08+	Eelde	NED	0:02:02,869	0:13:16,061	0:06:10,808	0:21:29,738
2	62 Jan - Paul Metz	H08+	Nes Ameland	NED	0:02:55,104	0:15:23,104	0:07:22,890	0:25:41,098
3	61 Tibor Del Grosso	H08+	Eelde	NED	0:03:10,165	0:16:45,847	0:07:18,089	0:27:14,101
4	59 Ian Pennekamp	H08+	Bussum	NED	0:03:41,355	0:17:39,038	0:06:50,737	0:28:11,130
5	53 Cas Vermeiren	H08+	Bussum	NED	0:03:31,780	0:17:34,692	0:07:25,565	0:28:32,037
6	64 Julian de Jong	H08+	Buren Fr	NED	0:04:16,116	0:17:02,203	0:07:28,934	0:28:47,253
7	54 Job Vermeiren	H08+	Bussum	NED	0:03:50,406	0:17:14,827	0:07:42,640	0:28:47,873
8	52 Teun Gorter	H08+	Nijverdal	NED	0:03:08,765	0:18:27,118	0:07:31,172	0:29:07,055
9	56 Bart Berbers	H08+	Bussum	NED	0:03:54,805	0:17:23,736	0:07:49,420	0:29:07,961
10	63 Tresor de Lange	H08+	Hierden	NED				
11	60 Floris Onel	H08+	Harderwijk	NED	0:04:30,018	0:17:53,267	0:07:12,650	0:29:35,935
12	57 Justin Haselbekke	H08+	Almelo	NED	0:02:26,555	0:18:51,092	0:08:33,853	0:29:51,500
13	55 Xander ten Wolde	H08+	Nijeveen	NED	0:03:23,065	0:21:40,177	0:07:59,009	0:33:02,251

**Jongens 10+**

1	89 Finn Hentzepeter	H10+	Westerhaar-Vrie	NED	0:01:37,800	0:13:56,124	0:05:43,930	0:21:17,854
2	82 Noah Legerstee	H10+	Delft	NED	0:01:51,018	0:14:49,031	0:07:00,455	0:23:40,504
3	80 Inse Wetsteen	H10+	Oosterend Nh	NED	0:02:48,228	0:14:36,265	0:06:42,640	0:24:07,133
4	81 Jauke Klaas Stavenga	H10+	Munein	NED	0:03:24,863	0:14:27,682	0:06:14,911	0:24:07,456
5	96 Jorik Beekema	H10+	Nes Ameland	NED	0:03:15,353	0:15:26,528	0:06:26,344	0:25:08,225
6	90 Tijn van de Kamp	H10+	Nes Ameland	NED	0:02:55,404	0:16:24,946	0:06:08,788	0:25:29,138
7	95 Thomas Faassen	H10+	Assen	NED	0:02:41,780	0:16:55,403	0:06:44,015	0:26:21,198
8	91 Tim IJnsen	H10+	Hollum	NED	0:03:51,095	0:16:07,622	0:07:46,754	0:27:45,471
9	98 Dylan Molenaar	H10+	Nes Ameland	NED	0:03:05,707	0:16:53,738	0:07:55,421	0:27:54,866
10	87 Sven de Haan	H10+	Zuidlaren	NED	0:02:57,476	0:15:30,320	0:10:17,003	0:28:44,799
11	84 Joep Looijen	H10+	Bussum	NED	0:03:10,499	0:17:12,146	0:08:23,477	0:28:46,122
12	92 Djerry Spoelstra	H10+	Nes Ameland	NED	0:03:42,110	0:16:37,441	0:08:27,880	0:28:47,431
13	85 Youri Kiewied	H10+	Nes Ameland	NED	0:03:36,538	0:16:35,496	0:08:35,433	0:28:47,467
14	83 Max ten Wolde	H10+	Nijeveen	NED	0:03:01,117	0:18:45,951	0:07:03,463	0:28:50,531
15	97 Tim Kienstra	H10+	Nes Ameland	NED	0:04:38,718	0:17:19,698	0:07:17,545	0:29:15,961
16	100 Jordi van der Laag	H10+	Hollum	NED	0:04:05,594	0:16:34,640	0:09:03,779	0:29:44,013
17	99 Sjouke Visser	H10+	Hollum	NED	0:04:34,186	0:18:09,915	0:08:20,617	0:31:04,718
18	94 Joost de Vries	H10+	Hollum	NED	0:04:33,272	0:17:12,446	0:09:39,362	0:31:25,080
19	86 Quinten Stark	H10+	Culemborg	NED	0:04:46,987	0:19:35,933	0:07:41,649	0:32:04,569
20	93 Tim Sipos	H10+	Leiden	NED	0:05:17,243	0:17:57,502	0:08:58,990	0:32:13,735

**Jongens 12+**

1	11	Dennis Molenaar	H12+	Nes Ameland	NED	0:03:54,199	0:22:20,311	0:12:07,736	0:38:22,246
2	10	Ruard Smeenge	H12+	Deurze	NED	0:03:23,060	0:24:35,754	0:12:07,106	0:40:05,920
3	6	Rutger Otto	H12+	Ede Gld	NED	0:02:53,327	0:25:34,301	0:15:02,983	0:43:30,611
4	5	Rowan Veenhuizen	H12+	Ekehaar	NED	0:03:16,753	0:25:47,684	0:14:32,984	0:43:37,421
5	8	Wouter Sinke	H12+	Assen	NED	0:03:15,263	0:26:04,720	0:14:50,147	0:44:10,130
6	7	Niels Griemink	H12+	Klazienaveen	NED	0:03:19,226	0:26:39,151	0:14:56,062	0:44:54,439
7	4	Rene Terpstra	H12+	Oosternijkerk	NED	0:04:07,182	0:26:07,016	0:15:50,747	0:46:04,945
8	1	Sander Faassen	H12+	Assen	NED	0:03:12,661	0:30:19,108	0:14:57,331	0:48:29,100
9	3	Guus Pigge	H12+	Assen	NED	0:03:23,455	0:27:47,261	0:17:30,251	0:48:40,967
10	12	Thomas Onel	H12+	Harderwijk	NED	0:05:02,407	0:35:08,545	0:08:40,440	0:48:51,392
11	9	Joep Berbers	H12+	Bussum	NED	0:03:39,247	0:31:19,479	0:18:03,535	0:53:02,261

**Jongens 14+**

1	32	Yorick Veenhuizen	H14+	Ekehaar	NED	0:02:44,758	0:23:40,150	0:14:31,502	0:40:56,410
2	31	Jakob Schwanke	H14+	Karlsruhe	GER	0:04:09,051	0:28:02,773	0:14:29,970	0:46:41,794
3	33	Pjotr van Hilst	H14+	Steenderen	NED	0:02:17,601	0:27:39,909	0:18:42,466	0:48:39,976