

Tri-Ambla Junior S

				Zwemmen	Fietsen	Lopen	Totaal	
1.	27	Yorick Veenhuizen		H14+	0:02:20 (1)	0:29:50 (1)	0:05:36 (2)	0:37:47
2.	22	Ruard Smeenge	Deurze	H12+	0:02:54 (7)	0:30:58 (2)	0:05:23 (1)	0:39:16
3.	12	Renate Timmerman	Leeuwarden	D14+	0:02:20 (2)	0:31:13 (3)	0:06:01 (3)	0:39:34
4.	28	Rowan Veenhuizen		H12+	0:02:37 (4)	0:32:40 (4)	0:06:14 (6)	0:41:33
5.	17	Sander Faassen	Assen	H12+	0:02:35 (3)	0:33:59 (6)	0:06:26 (7)	0:43:02
6.	15	Marlene Zwaneveld	Assen	D14+	0:02:39 (5)	0:34:28 (7)	0:06:13 (4)	0:43:21
7.	26	Rutger Otto	Ede Gld	H14+	0:02:57 (10)	0:33:27 (5)	0:07:13 (11)	0:43:38
8.	10	Janine Walters	Assen	D12+	0:02:44 (6)	0:35:08 (9)	0:07:06 (10)	0:44:58
9.	21	Guus Pigge	Assen	H12+	0:02:56 (9)	0:34:38 (8)	0:08:13 (16)	0:45:47
10.	8	Henrike Vellinga	Groningen	D12+	0:02:54 (8)	0:37:12 (11)	0:06:14 (5)	0:46:21
11.	7	Linda Smeenge	Deurze	D12+	0:04:11 (15)	0:35:42 (10)	0:06:38 (9)	0:46:31
12.	4	Tjitske de Lorijn	Wageningen	D12+	0:05:53 (22)	0:38:23 (12)	0:06:32 (8)	0:50:50
13.	6	Danique de Ruiter	Bovensmilde	D12+	0:04:12 (16)	0:39:52 (13)	0:07:51 (13)	0:51:56
14.	11	Demi Heiligers	Zuidlaren	D14+	0:04:18 (17)	0:40:15 (15)	0:07:28 (12)	0:52:02
15.	1	Soraya Braker	Assen	D12+	0:02:58 (11)	0:41:33 (16)	0:09:20 (20)	0:53:52
16.	14	Clara Tump	Abcoude	D14+	0:03:43 (13)	0:42:26 (20)	0:08:10 (15)	0:54:20
17.	20	Jordi van der Laag	Hollum	H12+	0:04:41 (18)	0:41:48 (17)	0:08:02 (14)	0:54:31
18.	18	Sven de Haan	Zuidlaren	H12+	0:05:08 (19)	0:40:12 (14)	0:09:26 (21)	0:54:47
19.	9	Bernou Verschut	Hierden	D12+	0:05:11 (20)	0:42:20 (19)	0:09:07 (18)	0:56:38
20.	3	Dominique de Lange	Hierden	D12+	0:05:11 (21)	0:42:19 (18)	0:09:08 (19)	0:56:39
21.	2	Kelly de Haan	Leeuwarden	D12+	0:04:08 (14)	0:47:26 (23)	0:09:02 (17)	1:00:36
22.	5	Marijke Poortinga	Damwald	D12+	0:03:10 (12)	0:47:17 (22)	0:10:15 (22)	1:00:43
23.	24	Joost de Vries	Hollum	H12+	0:06:17 (23)	0:45:36 (21)	0:10:49 (23)	1:02:43

Tri-Ambla Junior XS

				Zwemmen	Fietsen	Lopen	Totaal	
1.	104	Jauke Stavenga	Oentsjerk	H10+	0:03:00 (15)	0:10:17 (1)	0:05:45 (3)	0:19:04
2.	93	Bodi Del Grosso	Eelde	H10+	0:01:59 (6)	0:12:16 (2)	0:05:28 (1)	0:19:44
3.	54	Merel Hulst	Assen	D10+	0:01:40 (4)	0:14:35 (4)	0:06:31 (10)	0:22:48
4.	97	Noah Legerstee	Delft	H10+	0:01:20 (1)	0:14:51 (6)	0:07:00 (21)	0:23:12
5.	107	Lex Tump	Abcoude	H10+	0:02:58 (13)	0:14:42 (5)	0:05:33 (2)	0:23:14
6.	100	Jan - Paul Metz	Nes Ameland	H10+	0:03:04 (16)	0:14:10 (3)	0:06:01 (5)	0:23:17
7.	102	Ruben Slot	Dalfsen	H10+	0:02:29 (8)	0:14:54 (7)	0:06:33 (11)	0:23:56
8.	62	Aukje Vellinga	Groningen	D10+	0:01:30 (2)	0:16:00 (15)	0:06:28 (9)	0:23:59
9.	66	Tibor Del Grosso	Eelde	H08+	0:03:09 (18)	0:15:07 (10)	0:06:39 (16)	0:24:57
10.	91	Thomas Faassen	Assen	H10+	0:02:17 (7)	0:16:30 (23)	0:06:17 (7)	0:25:05
11.	94	Tijn van de Kamp	Nes Ameland	H10+	0:03:52 (34)	0:15:28 (12)	0:05:45 (4)	0:25:06
12.	90	Jorik Beekema	Nes Ameland	H10+	0:03:29 (26)	0:15:02 (8)	0:06:39 (17)	0:25:12
13.	105	Lucas Stolk	Soest	H10+	0:03:51 (32)	0:15:03 (9)	0:06:17 (6)	0:25:12
14.	60	Joëlle de Ruiter	Bovensmilde	D10+	0:01:56 (5)	0:16:54 (28)	0:06:33 (12)	0:25:24
15.	92	Teun Gorter	Nijverdal	H10+	0:03:07 (17)	0:16:21 (20)	0:06:23 (8)	0:25:52
16.	103	Djerry Spoelstra	Nes Ameland	H10+	0:03:39 (27)	0:15:19 (11)	0:07:00 (23)	0:25:59
17.	95	Youri Kiewied	Nes Ameland	H10+	0:03:25 (24)	0:15:33 (13)	0:07:01 (24)	0:25:59
18.	83	Mika Westenberg	Delft	H08+	0:01:35 (3)	0:17:29 (33)	0:07:15 (29)	0:26:20
19.	67	Justin Haselbekke	Almelo	H08+	0:03:39 (28)	0:15:47 (14)	0:07:07 (26)	0:26:34
20.	56	Femke Kienstra	Nes Ameland	D10+	0:03:00 (14)	0:16:26 (22)	0:07:20 (32)	0:26:47
21.	70	Julian de Jong	Buren Fr	H08+	0:03:53 (36)	0:16:31 (24)	0:06:51 (18)	0:27:16
22.	110	Dylan Molenaar	Nes Ameland	H10+	0:02:41 (9)	0:17:48 (39)	0:07:00 (22)	0:27:30
23.	38	Martine Kamminga	Feanwalden	D08+	0:02:49 (10)	0:17:45 (38)	0:07:05 (25)	0:27:40
24.	85	Xander ten Wolde	Nijeveen	H08+	0:03:24 (23)	0:16:46 (26)	0:07:33 (36)	0:27:44
25.	84	Bas Willems	Assen	H08+	0:03:17 (20)	0:16:48 (27)	0:07:46 (40)	0:27:52
26.	98	Joep Looijen	Bussum	H10+	0:02:54 (12)	0:16:21 (19)	0:08:38 (54)	0:27:55
27.	58	Kyra Metz	Nes Ameland	D10+	0:03:20 (21)	0:17:32 (35)	0:07:10 (28)	0:28:03
28.	53	Linde van Duinhoven	Renkum	D10+	0:03:55 (38)	0:16:17 (18)	0:07:49 (41)	0:28:03
29.	78	Sam Rietveld	Wageningen	H08+	0:05:22 (58)	0:16:00 (16)	0:06:56 (19)	0:28:19
30.	75	Lucas Lublink	Hollum	H08+	0:04:46 (51)	0:16:33 (25)	0:06:59 (20)	0:28:20
31.	101	Tim Sipos	Leiden	H10+	0:03:53 (35)	0:16:15 (17)	0:08:19 (50)	0:28:28
32.	68	Xippe Honig	Amstelveen	H08+	0:03:41 (30)	0:17:52 (40)	0:07:18 (30)	0:28:52
33.	96	Tresor de Lange	Hierden	H10+	0:05:10 (54)	0:16:22 (21)	0:07:19 (31)	0:28:52
34.	88	Cor de Boer	Hollum	H08+	0:04:25 (47)	0:17:05 (29)	0:07:28 (35)	0:28:59
35.	46	Ylanyth de Vries	Ballum	D08+	0:03:56 (39)	0:17:10 (30)	0:08:01 (42)	0:29:08
36.	69	Yuki Honig	Amstelveen	H08+	0:03:40 (29)	0:18:03 (42)	0:07:39 (37)	0:29:22
37.	80	Ivo Stolk	Soest	H08+	0:05:06 (53)	0:17:45 (37)	0:06:34 (13)	0:29:26
38.	44	Colet de Ruiter	Bovensmilde	D08+	0:02:50 (11)	0:18:15 (45)	0:08:39 (55)	0:29:46
39.	64	Silas de Bruin	Wijk aan Zee	H08+	0:05:11 (56)	0:18:06 (43)	0:06:39 (14)	0:29:57
40.	41	Maxime de Lange	Hierden	D08+	0:04:23 (45)	0:17:31 (34)	0:08:11 (46)	0:30:07
41.	55	Melanie de Jong	Nes Ameland	D10+	0:03:16 (19)	0:18:20 (48)	0:08:31 (52)	0:30:08
42.	106	Jaap Tump	Abcoude	H10+	0:03:54 (37)	0:18:13 (44)	0:08:17 (47)	0:30:24
43.	39	Ilja Kiewied	Nes Ameland	D08+	0:03:26 (25)	0:18:17 (47)	0:08:42 (56)	0:30:26
44.	59	Jessica Mollema	Ballum	D10+	0:03:52 (33)	0:17:59 (41)	0:08:51 (58)	0:30:43
45.	81	Benno Terörde	Düsseldorf	H08+	0:04:14 (43)	0:19:54 (58)	0:06:39 (15)	0:30:48
46.	16	Puck Krol		D08+	0:04:29 (49)	0:17:41 (36)	0:08:45 (57)	0:30:56
47.	82	Niek de Vries	Hollum	H08+	0:05:19 (57)	0:17:27 (32)	0:08:27 (51)	0:31:13

48.	37	Luna de Bruin	Wijk aan Zee	D08+	0:04:41 (50)	0:19:17 (53)	0:07:24 (34)	0:31:23
49.	76	Theo Molenaar	Buren Fr	H08+	0:05:59 (60)	0:18:16 (46)	0:07:08 (27)	0:31:23
50.	57	Myrthe Klijnstra	Oentsjerk	D10+	0:04:18 (44)	0:18:27 (49)	0:08:53 (59)	0:31:40
51.	111	Linda de Haan	Ballum	D10+	0:03:22 (22)	0:19:30 (57)	0:09:12 (61)	0:32:06
52.	61	Mike van Thiel	Hierden	H10+	0:04:23 (46)	0:19:10 (51)	0:08:37 (53)	0:32:12
53.	87	Guus Harinck	Bussum	H08+	0:04:11 (41)	0:19:24 (55)	0:09:02 (60)	0:32:38
54.	74	Jente Jan de Lorijn	Wageningen	H08+	0:06:03 (61)	0:18:52 (50)	0:08:19 (49)	0:33:15
55.	73	Tom Looijen	Bussum	H08+	0:04:51 (52)	0:19:14 (52)	0:09:17 (62)	0:33:23
56.	71	Jan Kock	Ballum	H08+	0:05:49 (59)	0:19:25 (56)	0:08:10 (45)	0:33:25
57.	52	Nadine ten Cate	Ballum	D10+	0:04:12 (42)	0:17:25 (31)	0:12:05 (66)	0:33:44
58.	86	Najil Kienstra		H08+	0:06:58 (66)	0:19:20 (54)	0:07:42 (39)	0:34:01
59.	77	Boris Remmers	Amsterdam	H08+	0:06:49 (63)	0:20:00 (59)	0:07:20 (33)	0:34:10
60.	72	Aiden Lang	Amsterdam	H08+	0:06:09 (62)	0:20:40 (63)	0:07:40 (38)	0:34:29
61.	51	Carien Beekema	Buren Fr	D10+	0:03:49 (31)	0:20:41 (65)	0:10:23 (64)	0:34:54
62.	43	Bianca Mollema	Ballum	D08+	0:03:57 (40)	0:20:40 (64)	0:10:33 (65)	0:35:11
63.	36	Tessa van den Berg	Leende	D08+	0:06:55 (65)	0:20:25 (62)	0:08:04 (44)	0:35:25
64.	40	Milou Lang	Amsterdam	D08+	0:07:12 (67)	0:20:14 (60)	0:08:03 (43)	0:35:30
65.	35	Carlijn van den Berg	Leende	D08+	0:06:54 (64)	0:20:20 (61)	0:08:18 (48)	0:35:33
66.	48	Celeste Onsman	Sneek	D08+	0:04:29 (48)	0:23:50 (66)	0:09:37 (63)	0:37:57
	49	Juliet Onsman	Sneek	D08+	0:05:10 (55)			0:05:10